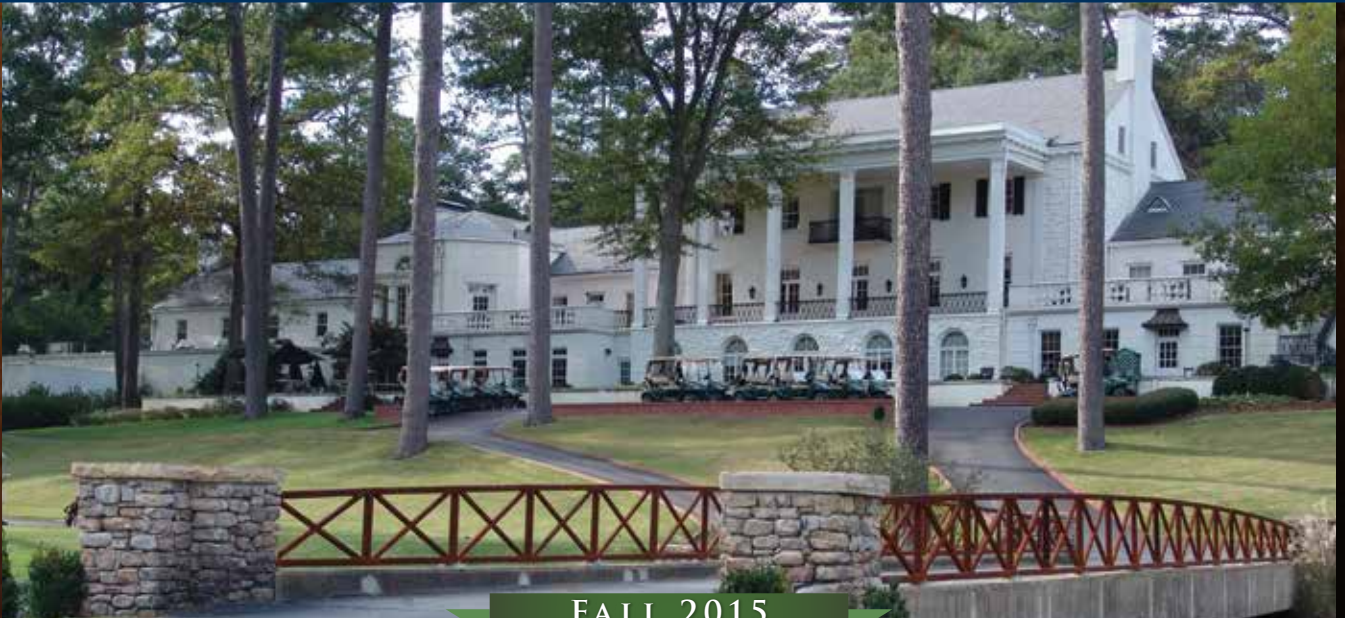




# TRADITIONS

— MOUNTAIN BROOK CLUB —



FALL 2015



# A LETTER FROM OUR President



**A**h, Fall is here! Football season, wing-shooting season, good golf and tennis weather; what else could you ask for – Autumn in Alabama! But that’s what we are looking forward to, and much has been going on at your Club over the summer. The pool has had record usage and provided a wonderful venue for our

members. The fitness center continues to exceed expectations in spite of some hiccups relating to the steam rooms and HVAC systems (all of which are being addressed, under the able leadership of fellow member Guerry Denson). Tennis remains very popular, also. And, Chef Tim continues to amaze the entire membership with his culinary talents!

On the golf front, the Shook Cup, or the men’s club championship, was held in August, and, once again, Ben Fuller, age 16, defeated C. P. Bagby, but it clearly was a multi-generational tournament, with Dixon Seymour, Tom

Norris and William Wann (who, at age 15, won his first junior boys club championship earlier in August) tying for third place! And speaking of multi-generational, in the McDonald Cup, or women’s club championship, Grace Wann, age 17, after winning her fourth consecutive junior girls club championship, defeated Teresa Callahan for her second consecutive women’s championship title. Congratulations to both Ben and Grace!!

This is my final letter to our membership as your President, and I want every member to know how much of an honor and privilege it has been to serve as your President for the past two years. I have thoroughly enjoyed working with our first-rate management staff, led by our General Manager, Dana DiChiara, as well as your most capable Board of Governors. I thank each of you for this opportunity. Our annual meeting, at which my successor will be elected, will be held on Tuesday, December 1, 2015. You will receive your ballot prior to that meeting, and I urge you to send us your vote if you are unable to attend the meeting. Mountain Brook Club is truly a special and unique place, and we should all be thankful to be a part of it.

*Mac Seale*

## MEMBERSHIP NEWS

### ELECTED

J. Davis Stewart III - *Senior*  
 Mrs. Anne Goodwyn Kreider - *Junior*  
 Thomas Edward McMillan III - *Senior*  
 R. Coleman Loper - *Non Resident*  
 Dr. Joshua Menendez - *Junior*  
 Mrs. Sidney Barnes Fry - *Junior*  
 Dr. Robert H. Yoe IV - *Junior*

### TRANSFERS

Matthew Becker Menendez - *Junior to Senior*  
 Michael Gordon Rediker - *Junior to Senior*  
 Charles Perry Still - *Junior to Senior*  
 Mrs. Susan Allen Terrell - *Junior to Senior*  
 Jeffrey B. Mundy - *Senior to Non Resident*

### DEATHS

Mrs. Jesse E. Miller - *Associate Widow*  
 Mrs. David Powers Whiteside, Jr. - *Associate Widow*  
 Mrs. Jack O. Tomlinson, Sr. - *Associate Widow*



*Mr. & Mrs. J. Davis Stewart III*



*Mrs. Anne Goodwyn Kreider & spouse*



*Mr. Thomas Edward McMillan III & family*



*Mr. R. Coleman Loper & family*



*Dr. Joshua Menendez & family*



*Mrs. Sidney Barnes Fry & spouse*



*Dr. & Mrs. Robert H. Yoe IV*



# UPCOMING EVENTS

# 2015

OCTOBER, NOVEMBER, DECEMBER

FAMILY DINING SPECIAL	THANKSGIVING BUFFET
MBC FAMILY NIGHT	SANTA DAY
PANCAKE BREAKFAST	GINGERBREAD DAY
FALL LOBSTERFEST	CHRISTMAS EVE BUFFET
WILD GAME DINNER	NEW YEAR'S EVE

**Please note: Reservation and Cancellation Policy:**

For special club functions, a 48-hour notice is required for any cancellation unless otherwise noted. Members will be charged the full price for cancellations made after the deadline unless the event is sold out. Due to the popularity of club events, we ask that you please cancel your reservation with enough notice so that we may contact members who may be on the waiting list. Thank you for your help!

## MOUNTAIN BROOK CLUB CELL PHONE POLICY

The following rules will govern use of cell phones and other electronic communication devices:

1. Cell phones and all other electronic communication devices shall be either turned off or placed in silent or vibrate mode while on Club property.
2. Voice communication on cell phones and other devices is prohibited except in parking areas.
3. Silent use of cell phones and other devices for sending email messages or sending text messages is not permitted on the main floor of the Club House, in the Grill, or in the Formal Dining Room, but may take place in other areas on the Club premises.
4. Silent use of cell phones and other devices for all other purposes, including reading, internet usage, and listening to music with headphones or earphones, shall be permitted in the Fitness Center and in any outdoor location on the Club premises.
5. Members are responsible for adherence to this rule by their spouses, dependents, and guests.

# Club Contacts

## PHONE NUMBERS

Main Clubhouse	871-2116
General Manager: Dana DiChiara, CCM, CCE	871-0866
Executive Chef: Tim Thomas	802-1312
Special Events Director: Chelsea Curley	802-1311
Family Events Coordinator: Katie Woodruff	871-2116 ext. 225
Director of Golf: Jeff Jordan	871-3769
Director of Fitness & Wellness: Tara Robertson	802-1324
Course & Grounds: Matt Bryan	871-6582
Director of Tennis: Paul Rosner	871-5259
Facility Maintenance Manager: Clint Chase	871-2772
Club Controller & Office Admin.: Tim Moye	802-1314
Maitre'D: Mike Seals	871-2116 ext. 242

## MBC STAFF EMAIL ADDRESSES

Dana DiChiara	ddichiara@mountainbrookclub.com
Tim Thomas	tthomas@mountainbrookclub.com
Chelsea Curley	ccurley@mountainbrookclub.com
Katie Woodruff	kwoodruff@mountainbrookclub.com
Jeff Jordan	jjordan@mountainbrookclub.com
Tara Robertson	trobertson@mountainbrookclub.com
Paul Rosner	tennis@mountainbrookclub.com
Matt Bryan	mbryan@mountainbrookclub.com
Clint Chase	cchase@mountainbrookclub.com
Tim Moye, Club Controller	tmoye@mountainbrookclub.com
Angi Chase, Accts. Rec.	achase@mountainbrookclub.com
Mike Seals Maitre'D	mseals@mountainbrookclub.com
Website	www.mountainbrookclub.org

## 2015 BOARD OF GOVERNORS

President	Walter M. Beale, Jr.
Vice President	William Lee Thuston
Immediate Past President	James H. Miller III
Secretary	William Shepard Nolen
Course and Grounds Chairman	Steve Graham
Finance Chairman	Carl S. Thigpen
Fitness Chairman	Joseph M. Farley, Jr.
Golf Chairman	Felix M. Drennen III
House Chairman	Robert Aland
Legal Advisor	Matthew H. Lembke
Membership Liaison	J. Bailey Knight III
Swim Chairman	Lucia Plosser Tabb
Tennis Chairman	Phillip G. Stutts

## GOVERNORS

Christopher S. Abele	R. Holman Head	John M. Williams
Thomas H. Brinkley	C. Phillip McWane	Richard Murray IV
F. Dixon Brooke, Jr.	John R. Miller IV	Camper O'Neal
Whitney Debardeleben	David R. Pittman	





# FROM THE MANAGER'S DESK

There is a mentor friend of mine, Tony D'Errico, president of the Club Managers Association of America that recently penned an article regarding change that really hit home. I asked him if could borrow a line or two for my next newsletter and he was flattered.

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He writes...*"Change is hard; it's uncomfortable, too. Change can cause anxiety in otherwise rational people and is responsible for more misinformation and rumors than most other sources combined. Change is rarely welcome - even, at times, by those charged with its implementation. But make no mistake; Change is, above all else, a necessity"*.

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Just like with my friend's organization that he leads, Mountain Brook Club continues to and has experienced a great deal of change over the last few years, in key positions, reporting relationships and with member programming. So, as we are going into another busy holiday season here at the club, our management team has once again restructured recently. Last

month, Clubhouse Manager Chris Murray and his family relocated to Arkansas. With that unexpected change, some duties have been reallocated and now your event director Chelsea will be handling some of our wine and beverage duties along with bar the bartending staff. This new team has already created some very exciting offerings and has planned some interesting events. Be sure to read this special holiday issue of Traditions, mark your calendars, make reservations and join us!

As you can see, the club, like with all of our lives, is constantly evolving with change. It is essential for our continued growth, relevance and sustainability. Our future here at Mountain Brook Club is bright, shining just like a star in the night sky leading us all to something special...Merry Christmas.

See you around the Club,

Dana R. DiChiara, CCM, CCE



## DEAR MEMBERS,

You will find the traditional Employee Christmas Fund Card in your November statement. Each Christmas, this fund is allocated to our staff carefully & equitably.

Our Club employs over 100 people year-round. Your contribution is a significant encouragement to all the team members that help make our club special. We assure you that every staff member deeply appreciates your thoughtfulness, and we urge you to contribute generously again to express your appreciation for their loyal & dedicated service and to help assure them a very Merry Christmas!

*Board of Governors*



# CLUB TO BE CLOSED ONE WEEK IN JANUARY 2016

Please note that the clubhouse will be closed starting Monday, January 11th through Monday, January 18th in order to take care of maintenance and housekeeping needs. Golf and the Fitness Center will remain open during this time, but dining operations will not be available.

We regret any inconvenience this may cause you & your guests.

THE CLUBHOUSE WILL RE-OPEN ON TUESDAY, JANUARY 19TH.

## CLUBHOUSE HOLIDAY SCHEDULE:

Thanksgiving Day (Thursday, November 26th):  
*Clubhouse closes at 3:00 p.m.*

Christmas Eve (Thursday, December 24th):  
*Clubhouse closes at 3:00 p.m.*

Christmas Day (Friday, December 25th):  
*Clubhouse closed*

New Year's Day (Friday, January 1st):  
*Clubhouse closed*

## SOCIALLY SPEAKING...

# SPECIAL EVENTS DIRECTOR



I walked outside the other morning and could feel it - fall is finally here! Maybe that was partly because it was the first day

of football season! Nevertheless, the leaves are changing colors, the air is crisp and everyone is sporting their favorite football team's colors! One of the best parts about living in the south is being able to enjoy the seasonal changes, especially the transition of our southern foods. Watermelon and tomatoes, I look forward to seeing you next summer...but it is time for the smell of a burning fire, a little smoked quail, some roasted root vegetables and a delicious glass of some red wine! Chef

is preparing some exceptional menus for the upcoming Wild Game Dinner October 2nd and Lobster Fest the following week on October 9th. Also, not to be forgotten is Yoga & Wine at the Golf Facility October 6th with live music and dinner and wine pairings following your yoga session!

Soon the club will be filled with holiday cheer! Katie has some fun family nights lined up over the next few months and of course don't forget to join us for the monthly pancake breakfast the second Saturday of the month. Please note there will not be a pancake breakfast in December. In November we have our annual Thanksgiving Buffet and of course Santa will be visiting us December 6th! Mark your calendars for the Annual

Meeting on December 1st, Gingerbread Day December 13th and our Christmas Eve Buffet December 24th. For one last hoorah in 2015, come join us on New Year's on December 31st! More information on these events will be sent out in the weekly emails.

I look forward to seeing everyone around the club over the fall! Please feel free to give me a call, or stop by my office, and we can start planning your next event at the club!

Sincerely,

Chelsea Curley



# FITNESS & WELLNESS CORNER



with Tara Robertson

**A**t Mountain Brook Club, we want to help you achieve your fitness and wellness goals - whatever they may be. One of the ways to start your fitness journey is to get an introduction to our wonderful facility and all that MBC has to offer. We offer various types of orientations, depending upon your interests. The following sessions are available and are all free for our members:

## CARDIO EQUIPMENT ORIENTATION *(30 Minutes)*

A review of the proper usage of the cardiovascular equipment, and all the amazing features available. This includes treadmills, upright and recumbent bikes, elliptical and rowing machines.

## PRECOR STRENGTH EQUIPMENT *(45 Minutes)*

A basic understanding of each machine and specific muscles worked. Also covered is how to safely change the weight stacks, adjust seat heights, alignment, and proper motion of each machine. We will also review proper timing and movement to stay safe and effectively work the targeted muscles.

## GROUP FITNESS ORIENTATION *(30 Minutes)*

This orientation is an overview of our group fitness offerings. We will review all of our programming together, and will help you determine which classes might be best for your goals and time schedule. We will also acclimate you to both the group fitness and cycle studios, where we'll review the

tools needed for the classes you're interested in. This will help ensure that you'll feel as comfortable and prepared as possible before attending.

## THE WORKS *(60 Minutes)*

This is designed for the person who wants to know everything MBC Fitness and Wellness has to offer. Includes everything listed above, plus you'll learn about our personal training department, wellness offerings, healthy food and beverage choices, and upcoming events.

For your individualized introduction to MBC Fitness and Wellness, please contact Tara Robertson or Lauren Floyd for an appointment. You can reach them by calling the fitness desk at 802-1326 or email Tara at [trobertson@mountainbrookclub.com](mailto:trobertson@mountainbrookclub.com) and Lauren at [lfloyd@mountainbrookclub.com](mailto:lfloyd@mountainbrookclub.com).

### LOST AND FOUND

Don't forget to pick up any lost articles of clothing, water bottles, etc. at the top floor fitness desk and kids clubhouse.

### TOWEL AMNESTY

Our towels seem to be exercising a bit these days. If you happen to see them running around your home please catch them and bring them back to the club.

### FITNESS DIRECT LINE

205-802-1326

### FITNESS DESK EMAIL

[fitness@mountainbrookclub.com](mailto:fitness@mountainbrookclub.com)

### TARA ROBERTSON

Fitness and Wellness Director  
[trobertson@mountainbrookclub.com](mailto:trobertson@mountainbrookclub.com)

### LAUREN FLOYD

Fitness Services Manager  
[lfloyd@mountainbrookclub.com](mailto:lfloyd@mountainbrookclub.com)

## FITNESS HOURS

MON. - THURS. 5 a.m. - 8 p.m.	SAT. 7 a.m. - 6 p.m.
FRI. 5 a.m. - 7 p.m.	SUN. 7 a.m. - 7 p.m.

## HOLIDAY FITNESS HOURS

<b>Christmas Eve</b> 8:30am Madness, 9:30am Bodypump
<b>New Year's Eve</b> 8:30am Team Bootcamp, 9:30am Yoga
<b>New Year's Day</b> 8:30am BodyPump, 9:30am BodyFlow
<b>Thanksgiving</b> Fitness and Wellness Closed. No Group Fitness Classes or Kids Club November 26th, 27th, 28th or 29th.

## KIDS CLUB HOURS OF OPERATION:

MONDAY - SATURDAY  
8:30 a.m. - 12:30 p.m.

FRIDAY  
5:30 p.m. - 9:30 p.m.  
*24 Hour Reservation Required*

## UPCOMING EVENTS: OCTOBER

Yoga and Wine Festival  
October 6th

Les Mills Launch Party  
October 31st



# JUST IN TIME FOR TENNIS



We enjoyed a very successful and busy summer. Now we are in the midst of our fall activities.

Our ladies teams, as well as our juniors, are in full swing, participating in league play.

We would like to remind our men about Thursday night mens tennis at 6pm. Come take advantage of the cooler evenings and join us.

We would like to welcome all to participate in our upcoming Halloween mixer. Both players and spectators can enjoy the festivities.

Our continued gratitude to our membership for your support of our

tennis program. Please continue to encourage your friends to join you on the courts. If there is anything our staff can do to enhance your tennis experience at Mountain Brook Club, please feel free to let us know.

Please stop by the Pro-Shop and see our latest fall apparel. Nike, Bolle, Karma and Asics are our featured clothing brands. We also have a full assortment of Wilson spin technology racquets. Our pro-shop feature item is the Asic clay court shoe. Mark your calendars for our December pro-shop Christmas sale.

Paul Rosner

## MARK YOUR CALENDARS

November 1 - Halloween Mixer

November 17 - Iron Bowl Challenge

*Be sure to check our club website tennis calendar for additions, updates and changes.*

## MBC TENNIS EMAIL ADDRESS

Stay up to date on all things tennis at MBC. Send us your email address, and we will add you to the list. Also, don't forget to let us know if your email address changes.

You can reach us at:  
[tennis@mountainbrookclub.com](mailto:tennis@mountainbrookclub.com)

## ACTIVITIES FOR OCTOBER, NOVEMBER, DECEMBER 2015

### Cardio Clinics

Tuesday and Thursday 9am - 10am cardio

### Saturday Morning Cardio Clinics

9 am - 10 am

### Ladies Beginner Clinics

Tuesdays from 11:30am - 12:15pm

### Team Clinics

2.5 Clinics: Thursdays from 10-11:30a.m.

3.0 Clinics: Fridays from 10:30am - noon

3.5 Clinics: Mondays from 10:30am - noon

4.0 Clinics: Wednesday from 9:00am - 10:30am

4.5 Clinics: Mondays from 9:00am - 10:30am

5.0 Clinics: Fridays from 9:00am - 10:30am

5.5 Clinics: Wednesdays from 10:30am - noon

### Junior Schedule *(until Christmas Break)*

#### Rookies *(ages 4-7)*

Tuesday and Thursday from 3:30pm - 4:15pm

Cost: \$15 per drop-in clinic

#### Futures *(ages 8-10)*

Monday and Wednesday from

3:30pm - 4:30pm

Cost: \$15 per drop-in clinic

#### Juniors *(ages 11 & up)*

Wednesday from 3:30pm - 4:30pm

Cost: \$15 per drop-in clinic

*Age designations are a general grouping parameter. The professional staff reserves the right to place children in the group that best serves their ability and experience level.*



# CALLING ALL MBC GOLFERS



**F**all is here and you know what that means... JACKSONVILLE STATE FOOTBALL!! Ok, Ok, maybe Alabama and Auburn are pretty good too. Just as the turf at Bryant-Denny and Jordan-Hare is immaculate, your golf course

is always in amazing condition in the Fall. The cooler temperatures at night allow our bent grass to thrive and roll with such a true quickness. Whether it is a quick 30 minutes during your lunch break to come use the short game area or a Saturday/Sunday with your dogfight group, there is room for everyone to enjoy all the club has to offer. Bring some friends out with you to enjoy your club and the golf experience.....we love to help you show it off!

Jeff Jordan

## UPCOMING EVENTS

Oct. 9	Strokers/Nickel Nassau event (afternoon)
Oct. 13	Ladies' Member/Guest (morning)
Oct. 14/15	Marauders Member/Guest (noon)
Oct. 16	JAM Masters (afternoon)
Oct. 18	Jemison Cup Sr. Championship
Oct. 23	Redstone Club golf event (afternoon)
Oct. 27	9, Wine & Dine Member/Guest (afternoon)
Nov. 10	Ladies Turkey Trot (morning)
Nov. 20	Iron Bowl Trophy (afternoon)

## FALL/WINTER REMINDERS

- Members may bring up to 7 guests during the week, 3 on the weekend.
- Guest fee drops in December/January/February to \$60/guest + cart.
- Practice Facility closing times: October-6 pm; November-4:30 pm; December-4:30 pm

### Ladies' Golf Fall Clinic Series

- Beginning Group - Wednesdays in October (Sept. 30, Oct. 7, 14, 21, 28) 10:30-12, + optional lunch with your Pro
- Experienced Group - Thursdays in October (Oct. 1, 8, 15, 22, 29) 1-3 pm
- Cost-\$70/session. These are drop-in clinics, so simply come when convenient for you. No need to sign up!





# OUT AND ABOUT AT MBC

## FAMILY DINING SPECIALS

Tuesday, Thursday, Friday & Saturday nights in October, November, & December

Begins at 5:30pm • Downstairs

Adults: \$13++ Children: \$6++

Enjoy MBC's weekly specials that are fall-inspired and family-friendly. Be sure to check the website and e-bulletin for the weekly menus. Reservations are required: 871-2116

## PANCAKE BREAKFAST

Second Saturday of the Month  
October 10th & November 14th

7:30am – 10:00am • Downstairs

Adults: \$12++ Children: \$7++

Enjoy a lovely Saturday morning at Mountain Brook Club. Fill your plate with something tasty and great at our monthly Pancake Breakfast! Reservations are required 871-2116

## GATOR, GAME AND SWAP

Friday, October 2

6:00pm • Sunparlor

\$37++ per person

\$20 additional for paired wines

Start the hunting season off right by joining us at Mountain Brook Club for a delicious Wild Game Dinner prepared by Chef Tim Thomas. Jacket and reservations required 871-2116

### Wild Game Dinner Menu

#### Hors d'oeuvres

Grilled Quail with Chipotle Grits  
Coffee Seared Duck Breast with Cranberry Chutney on Crostini

#### Dinner

Crispy Fried Gator  
Vinegar Slaw, Hoe Cakes, Local Honey  
Garlic and Herb Roasted Frogs Legs  
Cajun Turtle Stew  
Venison and Pork Meat Balls  
Roasted Shallot Mashed Potatoes  
Buttermilk Biscuits and Gravy  
Brown Sugar Cinnamon Pear Cobbler  
Vanilla Bean Ice Cream

## FALL LOBSTERFEST

Friday, October 9th

6:00pm – 8:00pm • Sunparlor

Adults: \$52++ Children \$21.95++

Join us as we eat the very best---it's MBC's annual Lobsterfest! Reservations are required by Wednesday, October 7th 871-2116

### Lobsterfest Menu

Lobster Gumbo  
Seafood Display: Poached Shrimp, Smoked Salmon and Oyster on Half Shell  
Fresh Seasonal Fruit and Berries  
Traditional Caesar Salad with Parmesan Wafers  
Chef's Selection of Two Seasonal Salads  
Cracked Lobsters with Drawn Butter  
Cajun Spiced Catfish with Creole Sauce  
Mediterranean Chicken  
Roasted Potatoes  
Vegetable Rice Pilaf  
Cream Corn  
Buttered Broccoli  
Asparagus with Spinach Stuffed Tomatoes  
MBC Dessert Buffet

## THANKSGIVING BUFFET

Thursday, November 26th

11:00am – 2:00pm

Adults: \$35++ Children: \$16.50++

Three years & under dine with our compliments. Reservations are required 871-2116. *Please note: The Clubhouse closes at 3:00pm*

### Thanksgiving Buffet Menu

Venison Chili  
Fresh Seasonal Fruit and Berries  
Imported and Domestic Cheese  
Display with Crackers  
Seafood Display of:  
Oysters on Half Shell, Poached Shrimp and Smoked Salmon  
Mixed Greens with Roasted Beets, Grapefruit  
Goat Cheese  
Toasted Almonds and Lemon Vinaigrette  
Caesar Salad with Parmesan Wafers  
Waldorf Salad  
Ambrosia  
Red Skin Potato Salad  
Cranberry Sauce  
Roast Tom Turkey with Cornbread Dressing and Giblet Gravy  
Carved Prime Rib of Beef  
MBC Fried Chicken  
Braised Beef Short Ribs with Roasted Root Vegetables  
Petite Lobster Pot Pies  
Bacon & Sour Cream Mashed Potatoes  
Sweet Potato Soufflé  
Squash Soufflé  
Creamed Corn  
Turnip Greens  
Asparagus with Sautéed Zucchini and Squash  
Corn Pones  
Children's Buffet  
Fresh Fruit Salad  
Tossed Salad with Ranch Dressing  
MBC Chicken Fingers  
Mini Burgers  
Smiley Fries  
Mac & Cheese  
Dessert Buffet

## HOLIDAY BUFFET

Tuesday, December 1

5:30pm – 9:00pm • Downstairs

Adults: \$22++ Children: \$11++

Reservations are required 871-2116

### Holiday Buffet Menu

Fresh Seasonal Fruit and Berries  
Tossed Salad with Assorted Accompaniments and Dressings  
Chef's Choice of Seasonal Salad  
Carved Prime Rib  
Mountain Brook Fried Chicken  
Shrimp & Crab Cakes with Citrus Butter Sauce  
Hoppin' John  
Sautéed Zucchini & Squash  
Roasted Red Skin Potatoes  
Turnip Greens  
Mountain Brook Club Dessert Buffet

## SANTA DAY BUFFET

Sunday, December 6th

4:30pm - 6:30pm

Adults: \$24++ Children: \$12++

Rock around the Christmas tree with Santa, friends, and family! There will be crafts, toys, and a delicious holiday buffet. Reservations are required 871-2116

### Santa Day Buffet Menu

White Bean and Chicken Chowder  
Fresh Seasonal Fruit and Berry Display  
Poached Shrimp and Smoked Salmon  
Mixed Greens with Accompaniments  
Caesar Salad  
Chef's Selection of Two Seasonal Salads  
Mountain Brook Fried Chicken  
Pecan Trout  
Grilled Petite Filet of Beef with Stuffed Redskin Potatoes  
Sweet Potato Soufflé  
Squash Soufflé  
Turnip Greens  
Asparagus with Sautéed Carrots  
Buttered Corn with Peppers and Onions  
Lima Beans  
Carved Prime Rib of Beef Au Jus  
Children's Buffet  
MBC Chicken Fingers  
Mini Burgers  
Smiley Fries  
Mac & Cheese  
Mountain Brook Club Dessert Buffet

## GINGERBREAD DAY

Sunday, December 13

3:00pm – 4:00pm • Ballroom

\$25++ per person

Join us at MBC to celebrate the holiday season by decorating gingerbread houses! Call the front desk to reserve your spot and supplies! Reservations are required 871-2116

# OUT AND ABOUT...CON'T.

## CHRISTMAS EVE BUFFET

Wednesday, December 24; 11:00am – 2:00pm

Adults: \$35++ Children: \$16.50++

Three years and under dine with our compliments.

Reservations are required 871-2116

Please note: The Clubhouse closes at 3:00pm

### *Christmas Eve Menu*

Brown Sugar & Cinnamon Butternut Squash Soup Fresh Seasonal Fruit and Berries Imported and Domestic Cheese Display with Crackers Seafood Display of: Oysters on Half Shell, Poached Shrimp and Smoked Salmon Citrus Pecan Salad Caesar Salad with Parmesan Wafers Cole Slaw Broccoli and Bacon Salad Tortellini Pasta Salad Cranberry Sauce MBC Fried Chicken Roast Tom Turkey with Cornbread Dressing and Giblet Gravy Carved Prime Rib	Seafood Stuffed Flounder with Orange Butter Sauce Grilled Baby Lamb Chops with Roasted Potatoes Old Fashioned Mashed Potatoes Sweet Potato Soufflé Squash Soufflé Creamed Corn Turnip Greens Asparagus with Root Vegetables Corn Pones Children's Buffet Fresh Fruit Salad Tossed Salad with Ranch Dressing MBC Chicken Fingers Mini Burgers Smiley Fries Mac & Cheese Dessert Buffet
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## NEW YEAR'S EVE CELEBRATION

Wednesday, December 31

\$50++ per person

As we count down the minutes and watch this year end, we know you'd like to spend it with family and friends. Join us at MBC to ring in the new year with drink specials, dinner and champagne! Reservations are required 871-2116

### *New Year's Eve Celebration Menu*

— *First Course* —  
Choose one:  
Petite Spinach & Oyster Pot Pie  
Braised Guinea Fowl Chowder  
Pork Terrine Frisee, Grain Mustard Vinaigrette Pickled Radish, Crostini

— *Second Course* —  
Choose one:  
Wild Salmon and Crab in Phyllo Orange Beurre Blanc  
Buttered Asparagus and Baby Carrots  
Coffee Rubbed Duck Breast Smoked Gouda Grits, Chipotle BBQ Sauce  
Smoked Beef Tenderloin Truffle mashed Potatoes,  
Roasted Root Vegetables, Peppercorn Demi Glace

— *Third Course* —  
Bittersweet Chocolate Crème Brule

# OCTOBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4 Sunday Buffets	5 Clubhouse Closed	6	7	8 MBC Family Night	9 Lobster Fest	10 Pancake Breakfast
11 Sunday Buffets	12 Clubhouse Closed	13	14	15 MBC Family Night	16	17
18 Sunday Buffets	19 Clubhouse Closed	20	21	22 MBC Family Night	23	24
25 Sunday Buffets	26 Clubhouse Closed	27 Nine Wine and Dine	28	29 MBC Family Night	30	31





# NOVEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Sunday Buffets	2 Clubhouse Closed	3	4	5 MBC Family Night	6	7
8 Sunday Buffets	9 Clubhouse Closed	10 Turkey Trot	11	12 MBC Family Night	13	14 Pancake Breakfast
15 Sunday Buffets	16 Clubhouse Closed	17	18 Wine-Down Wednesday	19 MBC Family Night	20	21
22 Sunday Buffets	23 Clubhouse Closed	24	25	26 Thanksgiving Brunch/ Clubhouse Closes at 3:00 PM	27	28
29 Sunday Buffets	30 Clubhouse Closed					

# DECEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Holiday Buffet	2	3	4	5
6 Santa Day/ Sunday Buffets	7 Clubhouse Closed	8	9	10	11	12
13 Gingerbread Day/ Sunday Buffets	14 Clubhouse Closed	15	16	17	18	19
20 Sunday Buffets	21 Clubhouse Closed	22	23	24 Christmas Eve Brunch/ Clubhouse closes at 3:00 PM	25 Christmas Day Clubhouse closed	26
27 Sunday Buffets	28 Clubhouse Closed	29	30	31 New Years Eve Celebration		





# MOUNTAIN BROOK CLUB

19 BEECHWOOD ROAD  
BIRMINGHAM, AL 35213

PRESORTED  
FIRST-CLASS  
U.S. POSTAGE  
PAID  
BIRMINGHAM, AL  
PERMIT #3937

## *Chef's Corner*



### Welcome back Holiday Season!

Yes, it's that time of the year. It's time for holiday buffets, gingerbread houses, visits from Santa, lots of turkey, mashed potatoes, sweet potato soufflé, presents, fun, family....it can go on and on! There will be lots of activity here at MBC. I look forward to seeing you all here at the club.

In October it's time for our Fall Lobsterfest. We will feature Lobster Gumbo, Shrimp, Oysters, Salads, Cajun Spice Catfish with Creole Sauce, Cream Corn, Potatoes, Desserts and of course Live Maine Lobsters that I will gladly crack and serve to you right out of the pot. It's not a bad way to spend an evening.

November brings our Grand Thanksgiving Buffet. You bring the family and we'll supply copious amounts of Roast Turkey, Giblet Gravy, Cornbread Dressing, Mashed Potatoes, Prime Rib, Braised Short Ribs, Lobster Pot Pie, Salads, Vegetables, Desserts, Desserts and more Desserts! I'm not sure who will be stuffed more, you or the turkeys!

December is the best! We have our annual member's meeting on December 1. After the meeting we'll have a holiday buffet for all to enjoy. That following Sunday will be a very special day for all

of our youngest members. I think I heard some Christmas Bells from none other than Santa. We sure are lucky that he takes time every year to bring a bit of extra cheer to all of us. After the visit with Santa you can enjoy our Santa Buffet which will feature Grilled Filet of Beef, Trout, Fried Chicken and Prime Rib. There will also be plenty of good eats for our little ones; Chicken Fingers, Burgers, Smiley Fries and Mac & Cheese.

Now it's time for the BIG DAY, CHRISTMAS!!!! Our Christmas Buffet will surely please every age group. It will feature Brown Sugar & Cinnamon Butternut Squash, Seafood Display, Domestic and Imported Cheese, Salads, Turkey, Stuffed Flounder and Lamb Chops. That's just the tip of the iceberg. We look forward to wishing you a Merry Christmas from our club family to yours.

On New Year's Eve we'll have a special limited menu of Spinach & Oyster Pot Pie, Guinea Fowl Chowder, Pork Terrine, Wild salmon in Phyllo, Coffee Rubbed Duck Breast, Smoked Beef Tenderloin and Bittersweet Chocolate Crème Brûlée. Please join us as we welcome the year of 2016 with great expectations.

Tim Thomas, CEC, AAC

